



Ergometer CORUM
 An innovative home trainer for beginners. Manually adjustable resistance. Only for home fitness suitable.
K7590 *each*



Ergometer EXUM Ergometer with brilliant details - quality, design and technical configuration. Only for home fitness suitable
K7591 *each*



Ergometer EXUM XTR
 With four pulse controlled programmes and memory for four persons it's the ideal ergometer for the whole family. Only for home fitness suitable.
K7592 *each*



1 Crosstrainer
 FINUM
 K7593



2 Crosstrainer
 LOXON
 K7594



3 Crosstrainer
 LOXON XTR
 K7595

1 **Crosstrainer FINUM**
 Inexpensive crosstrainer with clear display and good running characteristics. Only for home fitness suitable.
K7593 *each*

2 **Crosstrainer LOXON**
 For your individual training at home. Power display in Watt. Only for home fitness suitable.
K7594 *each*

3 **Crosstrainer LOXON XTR**
 With four pulse controlled programmes and memory for four persons it's the ideal ergometer for the whole family. Only for home fitness suitable.
K7595 *each*

Data Table	Exercise Bike			Crosstrainer		
	CORUM	EXUM	EXUM XTR	FINUM	LOXON	LOXON XTR
performance in watts		●	●		●	●
training session distance	●	●	●	●	●	●
time measurement	●	●	●	●	●	●
speed	●	●	●	●	●	●
pedal revs	●	●	●	●	●	●
calory consumption	●	●	●	●	●	●
integrated pulse receiver		●	●		●	●
hand/ear pulse meassu	hand	●	●	hand	●	●
chest belt included			●			●
resident workout program		12	12		12	12
resistance setting	manuel	computer	computer	manuel	computer	computer
flywheel mass	6 kg	10 kg	10 kg	16 kg	20 kg	20 kg
setting of load	dep. on rev	indep. on rev	indep. on rev	dep. on rev	indep. on rev	indep. on rev
performance range	10 steps	32 steps	32 steps	10 steps	32 steps	32 steps
power supply	battery	main supply	main supply	battery	main supply	main supply
max. load capacity	130 kg	150 kg	150 kg	130 kg	150 kg	150 kg
dimension (LxWxH) cm	95x50x125 cm	110x55x129 cm	110x55x129 cm	108x52x160 cm	139x55x160 cm	139x55x160 cm
Article Number	K7590	K7591	K7592	K7593	K7594	K7595



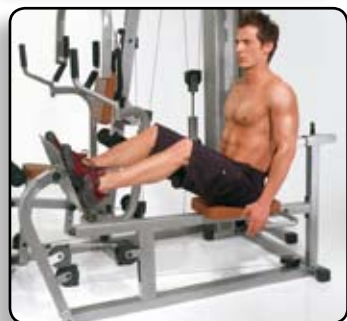
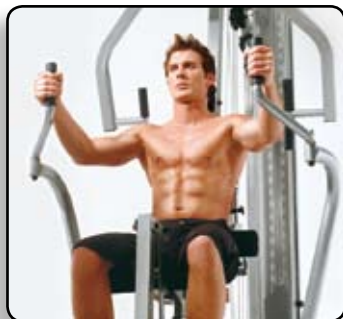
Speed Bike CRX
K7596

Speed Bike CRX with LCD-Display

For ultimate power spinning. Its extremely sturdy frame construction and the reliable integral bottom bracket ball bearing are specially designed for professional use and fitness studios. The 30 kg flywheel mass provides the necessary spin. Adjustable handlebars ensure a correct training position. Features: Block braking system with continuous adjustment of resistance, rim drive with protective cover, high-quality bottom bracket ball bearing, vertically and horizontally adjustable racing saddle and transport casters. The training computer is equipped with a LCD display to show time, distance, speed, step frequency, pulse. Max. user weight 150 kg. Dimensions (l x w x h): 128 x 55 x 125 cm.

K7596 *each*

AUTARK 3000
K7597



Bauchmuskel-Trainer AB-DOMINOX

Abdominal Muscle Trainer AB-DOMINOX For extra effective abdominal workout. Ideal fitness workout for young and old.

K7598 *each*



AUTARK 3000 Fitness Tower

Multifunctional fitness tower for many different training possibilities: butterfly, bench pressing, sitting latissimus, pulley unit. Weight stack 100 kg, 17 plates á 6 kg. Max. user weight 150 kg. Dimensions (l x w x h): 218 x 168 x 2190/225 cm.

K7597 *each*



Ergotrainer VISION FITNESS

Fitnesstraining in its most popular way.

Features:

- training computer with permanent display of: speed, revolutions per minute, distance, time, calory consumption, heart frequency, program and level
- pulse monitoring: telemetric or via hand pulse sensors (chest belt included in the supply)
- programmes: intervals, weight loss, mountain, heart rate training, rolling, manual
- generator system flywheel
- comfortable and ergonomic saddle
- self-generating power system
- including transportation wheels and reading rack
- floor space (lxw): 107 x 45 cm
- maximum user weight: 180 kg.

K7520 *each*



**Ergotrainer
K7520**

VISION FITNESS Cardio Machines

This serie of cardio fitness machines is especially suitable for hotels, rehabilitation centers or fitness club installations. Due to an easy and clear operating display there is no elaborate instruction necessary. VISION FITNESS cardio machines consist of high-quality components. They prove their stability and reliability at their daily use.

• **QUIET GLIDE-Drive System:** 8-times ribbed Poly-V-Belt and high-quality bearings offer a nearly noiseless training.

- **PWM-Motor Control:** A security switch protects the electronics of the treadmill against power failure.
- **Powdercoated steel frames:** The scratch proof coating prevents corrosion from perspiration. The heavy steel frame offers a firm stand.
- **Flywheel:** The heavy flywheel on the cycle and elliptical trainer grant top stability and soft, smooth running.
- **Training Computer:** Easy operating, clear and permanent display of the most important work-out information.

Warranty for VISION FITNESS Equipment:	Frame/Brake	Motor	ELctronics
Home Use (up to 2 hours use per day)	30 years	10 years	3 years
Semi-Professional (Reha centers, Hotels up to 5 hr. use per day)	30 years	10 years	3 years
Professional use in Fitness Studios (unlimited use)	1 year	6 months	6 months

**Fitness Xpress
K7525**



Fitness Xpress Power Machine

If you want a wide variety of workout options with minimum space requirements, the Fitness Xpress Power Machine is exactly what you need. High-quality power machine with two weight blocks, cable station and leg press. More than 40 basic exercises are possible on four stations.

- Frame finish: silver vein multi-stage electrostatic powerdecoat paint.
- Pulleys: fiberglass reinforced nylon and rotate on sealed ball bearing hub.
- Cables: internally lubricated, 7 x 19 strand construction, rated at 2000 pound tensile strength.
- Upholstery: double-stitched heavy gauge vinyl covering contoured, extremely-dense foam.
- Weight plates: 1-1/4" thick precision milled with EZ Glide nylon bushings.
- Accessories: comes with Lat Bar, Curl Bar, 2 Single Handles, and 4 Exercise Charts.
- Dimensions when set up approx. (lxwxh): 280 x 210 x 213 cm.

K7525 *each*



Elliptical Trainer
K7522

Elliptical Trainer VISION FITNESS

Complete body training - effective and absolutely joint sparing. The Elliptical Trainer offers a natural and ergonomic right training position.

Features:

- training computer with permanent display of: speed, revolutions per minute, distance, time, calory consumption, heart frequency, program and level
- pulse monitoring: telemetric or via hand pulse sensors (chest belt included in the supply)
- programmes: intervals, weight loss, mountain, heart rate training, rolling, manual
- generator system flywheel
- self-generating power system
- including transportation wheels
- strong steel frame
- floor space (lxw): 208 x 71 cm
- maximum user weight: 180 kg.

K7522

each

Treadmill VISION FITNESS

The 3hp motor and the prewaxed phenolic coated deck offer great liability. The ventilation and the extra large rollers improve the persistance of the treadmill.

Features:

- training computer with permanent display of: speed, revolutions per minute, distance, time, calory consumption, heart frequency, program and level
- pulse monitoring: telemetric or via hand pulse sensors (chest belt included in the supply)
- programmes: intervals, weight loss, mountain, heart rate training, rolling, manual
- generator system flywheel
- self-generating power system
- including transportation wheels
- strong steel frame
- floor space (lxw): 208 x 71 cm
- maximum user weight: 180 kg.

K7523

each



Treadmill
K7523



Semi-Recumbent Bike VISION FITNESS

Heart rate training in a comfortable and relaxed position. Femoral and derriere muscles will be even more worked out.

Features:

- training computer with permanent display of: speed, revolutions per minute, distance, time, calory consumption, heart frequency, program and level
- pulse monitoring: telemetric or via hand pulse sensors (chest belt included in the supply)
- programmes: intervals, weight loss, mountain, heart rate training, rolling, manual
- generator system flywheel
- adjustable seat
- self-generating power system
- including transportation wheels and reading rack
- strong steel frame
- floor space (lxw): 157 x 66 cm
- maximum user weight: 180 kg.

K7521

each



Semi-Recumbent Bike
K7521



1 Cast Iron Weight Discs



Weight Rack

4



2 Weight Discs with rubber cover



1 Weight Discs Cast iron weights, black vanish with 30 mm Ø bore hole.

K7990	0,50 kg	pair
K7991	1,25 kg	pair
K7992	2,50 kg	pair
K7993	5,00 kg	pair
K7994	10,00 kg	pair
K7995	15,00 kg	pair
K7996	20,00 kg	pair

2 Weight Discs Weights with black rubber cover, for more silent training, bore hole: 30 mm diameter.

K1360	0,50 kg	pair
K1361	1,25 kg	pair
K1362	2,50 kg	pair
K1363	5,00 kg	pair
K1364	10,00 kg	pair
K1365	15,00 kg	pair
K1366	20,00 kg	pair

3 A-shaped Weight Rack for cast iron weights with 28.5 mm bores.

K7998	each
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4 Weight Rack for cast iron weights with 28.5 mm bores.

K7999	each
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5 Barbell Bar Ø 30 mm Chrome plated barbell bars with quick lock.

Long Barbell Bar:		
K7038	200 cm	each
K7037	180 cm	each
K7036	160 cm	each
K7035	120 cm	each

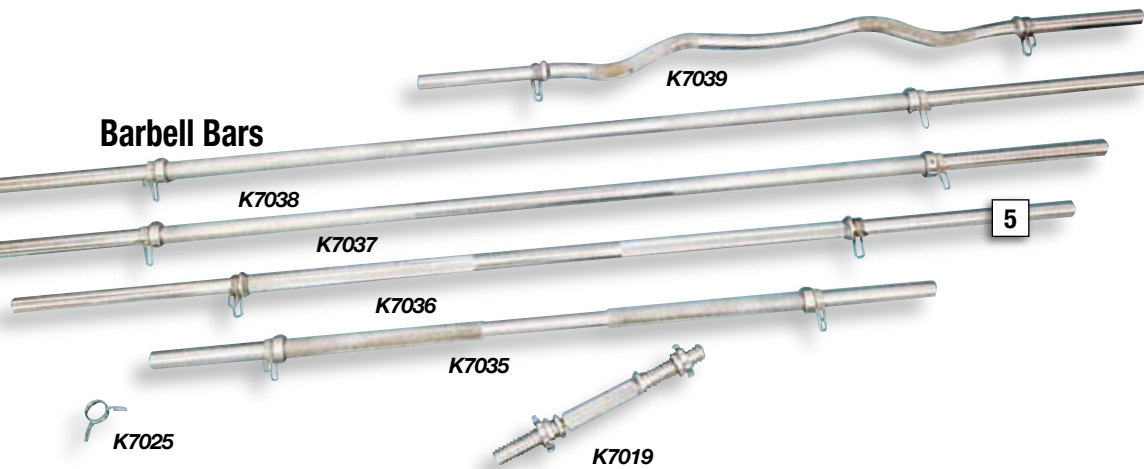
Curved Barbell Bar:

K7039	each	
K7019	with safety thread	each
Spring Clamp Ø 30 mm:		
K7025	each	

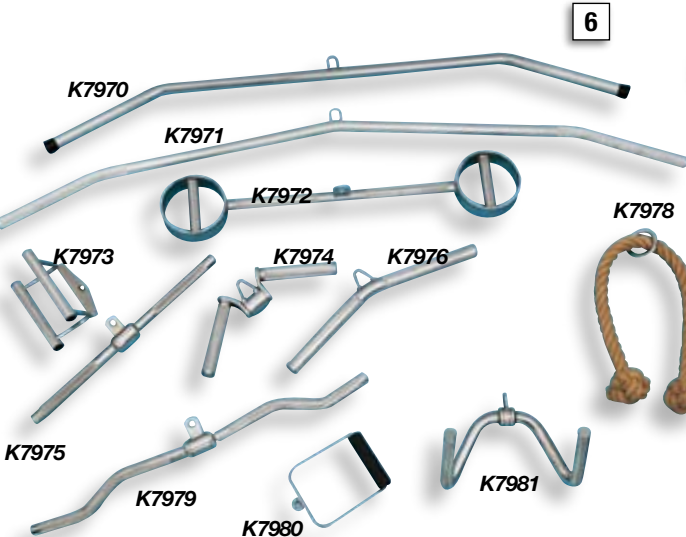
6 Bars & Handles

K7970	exercise bar straight	each
K7971	exercise bar bent	each
K7972	lat multi handle	each
K7973	twin pull handle	each
K7975	triceps bar, rotating	each
K7974	triceps bar, rotating	each
K7976	triceps bar, bent	each
K7978	triceps stick	each
K7979	biceps triceps handle	each
K7980	single loop handle	each
K7981	rudder handle parallel	each

Barbell Bars



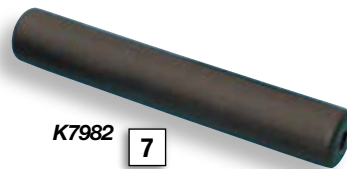
6



7 Pad Roll

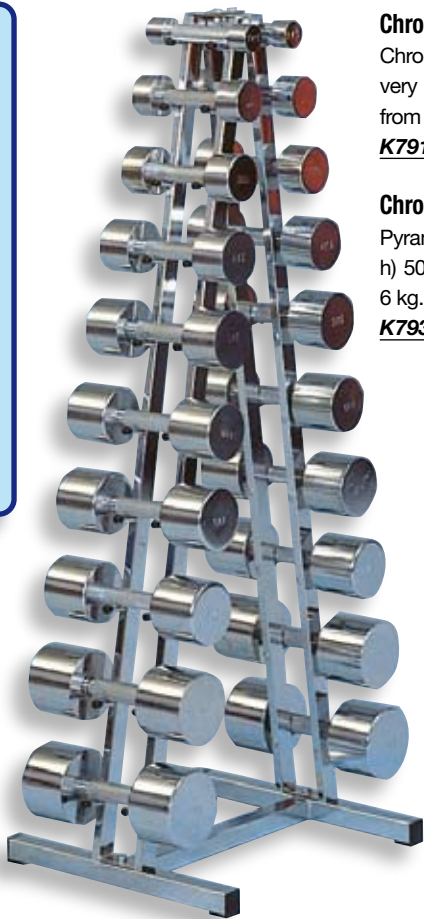
Cover for bars with Ø 30 mm .

K7982	each	
K7984	Pluck, long	each



7

K7984



Chrome Dumbbell Set

Chrome plated compact dumbbells, very robust with a great design. Pairs from 1 -10 kg in 1 kg steps.

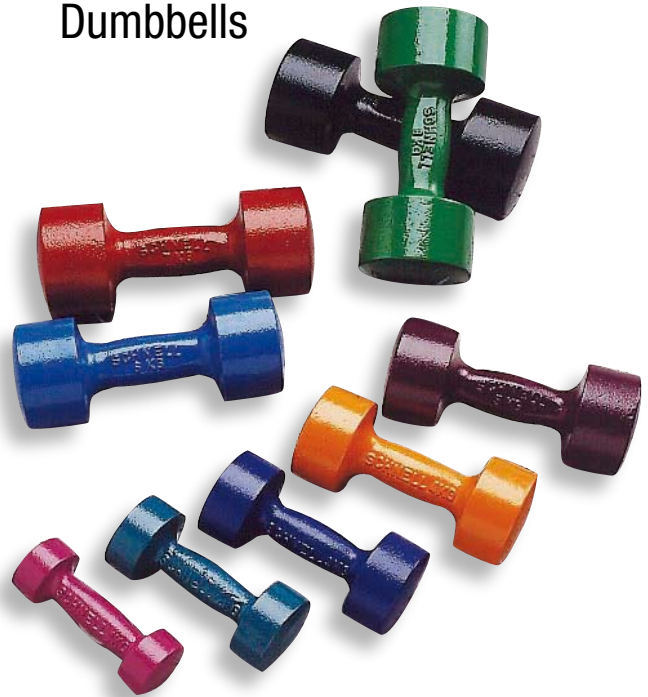
K7918 set

Chrome Weight Rack

Pyramid shape. Dimensions: (l x w x h) 50 x 40 x 130 cm, weight approx. 6 kg.

K7935 each

Dumbbells



Chrome Weight Rack
K7935

Solid Fist Dumbbells Cast iron solid dumbbells, adjustable, compact and high quality powder-coated.

K8540	1 kg	each	K8545	6 kg	each
K8541	2 kg	each	K8546	7 kg	each
K8542	3 kg	each	K8547	8 kg	each
K8543	4 kg	each	K8548	10 kg	each
K8544	5 kg	each	K8550	á 2 x 1 - 10 kg	set

Compact Dumbbells

Cast iron weights, firmly screwed on a anatomically shaped plastic grip.

Compact Dumbbell Set, light - Cast Iron

8 pairs from 2.5 - 20 kg in 2.5 kg steps.

K7911 set

Weight Rack for Dumbbell Set light

Length: 290 cm. Weight approx. 30 kg.

K7930 each

Compact Dumbbell Set, heavy- Cast Iron

6 pairs from 22.5 - 35 kg in 2.5 kg steps.

K7913 set

Weight Rack for Dumbbell Set heavy

Length: 260 cm. Weight approx. 30 kg.

K7931 each

Compact Dumbbell Set, extra heavy- Cast Iron

6 pairs from 37.5 - 50 kg in 2.5 kg steps.

K7915 set

Weight Rack for Dumbbells extra heavy

Length: 290 cm. Weight approx. 30 kg.

K7932 each



Weight Rack
K7932

Dumbbell Set
extra heavy
K7915

Compact Dumbbells

Weight Rack
K7930

Dumbbell Set
light
K7911

Weight Rack
K7931

Dumbbell Set
heavy
K7913



Supine Bench
K7720

Supine Bench, narrow

Heavy duty bench press in narrow design. Adjustable dumbbell rack. Dimensions: approx. (l x w x h) 120 x 66 x 90 cm, weight 40 kg. (Comes without bar and weights).

K7720 *each*



Competition Supine Bench
K7721

Competition Supine Bench, wide

Heavy duty bench press in narrow design. Adjustable dumbbell rack. Dimensions: approx. (l x w x h) 120 x 136 x 90 cm, weight 50 kg. (Comes without bar and weights).

K7721 *each*

STUDIO - FITNESS



Squat Stand
K7862 pair

Squat Stand

Universal squat stand, individual adjustable in width and height. Dimensions: approx. (l x w x h) 70 x 45 x 125 - 170 cm, weight 50 kg. (Comes without bar and weights).

K7862 *pair*



Biceps Bench
K7740

Biceps Bench

Ideal for dumbbell and barbell training. Rack and bench adjustable. Dimensions: approx. (l x w x h) 100 x 60 x 100 cm, weight 45 kg.

K7740 *each*



Combination Abdominal & Dipping Unit

Leg lifts for strengthening the abdominal muscles and dips for triceps muscles. Dimensions: approx. (l x w x h) 110 x 70 x 170 cm, weight 50 kg.

K7851 *each*



Squat Rack Safety Frame
K7860

Squat Rack Safety Frame

6 different barbell rests for each body size. Additionally safety rest for training. Dimensions: approx. (l x w x h) 135 x 110 x 166 cm, weight 95 kg.

K7860 *each*



Neck Pushing Bench
K7710

Neck Pushing Bench

For shoulder muscle training with adjustable barbell rack. Sturdy steps for assistance. Dimensions: approx. (l x w x h) 80 x 60 x 130 cm, weight 45 kg.

K7710 *each*



Barbell Rack
K7875

Barbell Rack

Adjustable frame construction. Dimensions: approx. (l x w x h) 60 x 70 x 75 - 105 cm, weight 20 kg.

K7875 *each*

Abdominal Power Press Bench
K7853



Abdominal Power Press Bench
For individual abdominal and groin muscle training. Adjustable bench angle. **Dimensions:** approx. (l x w x h) 150 x 47 x 110 cm, weight 40 kg.
K7853 *each*

Level Bench Universal bench for dumbbell and barbell practice. Very sturdy construction.

Dimensions: approx. (l x w x h) 110 x 35 x 42 cm, weight 27 kg.

Padded Bench 23 cm wide:

K7870 *each*

Padded Bench 30 cm wide:

K7871 *each*



Level Bench

All articles will be delivered white powder-coated with blue seats



Abdominal and Back Trainer
K7734

Training Bench

Adjustable front and back part from horizontal to nearly vertical. Easy and fast to adjust. Universal bench for dumbbell and barbell practice, with transportation wheels. **Dimensions:** approx. (l x w x h) 110 x 44 x 50 cm, weight 30 kg.

K7872 *each*

Abdominal and Back Trainer

Sturdy construction with handle bars for comfortable getting on and off. Padded rolls adjustable to body size and to different training positions.

Dimensions: approx. (l x w x h) 140 x 75 x 100 cm, weight 45 kg.

K7734 *each*



Training Bench
K7872



Back Strengthening Med
K7737



Back Strengthening Med.

Special bench for back-muscle training. Stable steel construction with anatomical pads for perfect back exercise.

Dimensions: approx. (l x w x h) 105 x 50 x 90 cm, weight 48 kg.

K7737 *each*

Back Trainer 45°

With adjustable thigh rest, optimal training position for different body sizes. Complete with transport wheels.

Dimensions: approx. (l x w x h) 114 x 50 x 85 cm, weight 45 kg.

K7733 *each*



Back Trainer 45°
K7733

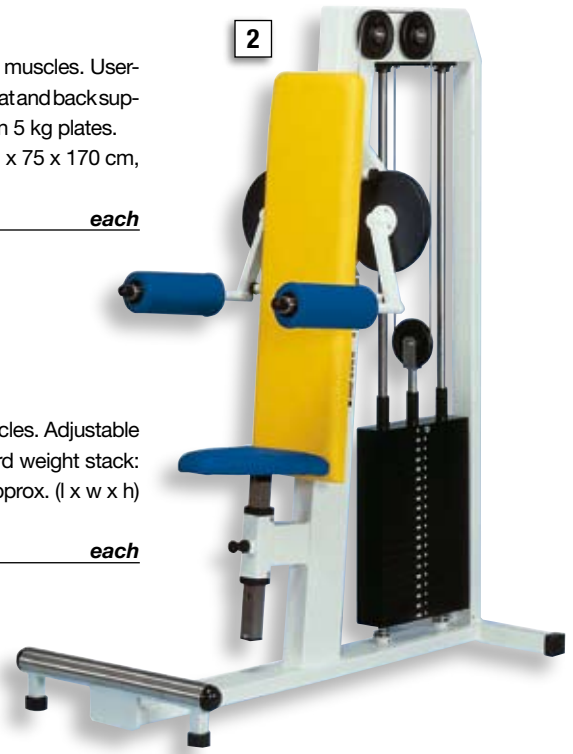


Shoulder Press Bilateral
K7115

1 Shoulder Press Bilateral

Exercises neck, shoulder and chest muscles. User-friendly features include adjustable seat and back support. Standard weight stack: 80 kg in 5 kg plates.
Dimensions: approx. (l x w x h) 170 x 75 x 170 cm, weight 190 kg.

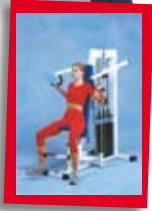
K7115 **each**



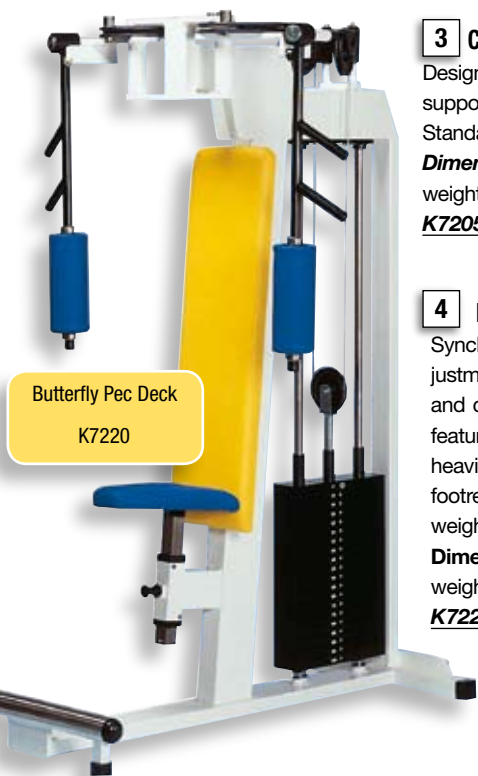
2 Lateral Shoulder Press

To exercise the lateral shoulder muscles. Adjustable seat bench for optimal use. Standard weight stack: 80 kg in 5 kg plates. Dimensions: approx. (l x w x h) 140 x 60 x 170 cm, weight 190 kg.

K7120 **each**



SHOULDER CHEST



Butterfly Pec Deck
K7220

3 Chest Press Bilateral

Designed for vertical bench pressing. Seat and back support are heavily padded and can be adjusted. Standard weight stack: 100 kg in 5 kg plates.

Dimensions: approx. (l x w x h) 170 x 105 x 170 cm, weight 195 kg.

K7205 **each**

Chest Press Bilateral
K7205

4 Butterfly-Pec Deck

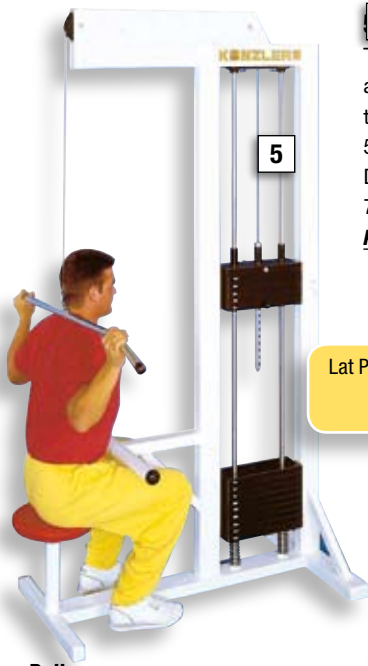
Synchronous gear for physiological resistance adjustment. Duplicates the action of dumbbell flies and conditions the pectoral muscles. User-friendly features include seat and back support which are heavily padded and can be adjusted. Hand grips and footrest keep the body in proper position. Standard weight stack: 100 kg in 5 kg plates.

Dimensions: approx. (l x w x h) 120 x 60 x 183 cm, weight 210 kg.

K7220 **each**



Chest Press Bilateral



5 Lat Pulley Overhead

Trains the back muscles. Padded seat adjustable and leg roll for proper position. Standard weight stack: 100 kg in 5 kg plates.

Dimensions: approx. (l x w x h) 130 x 75 x 220 cm, weight 180 kg.

K7310 *each*

Lat Pulley Overhead
K7310

6 Lat Pulley Bilateral

For an optimal workout of the upper back muscles. Padded seat bench with adjustable padded leg rolls for proper position. Standard weight stack: 100 kg in 5 kg plates.

Dimensions: approx. (l x w x h) 155 x 75 x 225 cm, weight 195 kg.

K7315 *each*

Lat Pulley Bilateral
K7315



7 Long-Pulley

Classical equipment for workout of the back and parts of the shoulder muscles. Features a long bench and footrests. Including twin handle. Standard weight stack: 140 kg in 10 kg plates. **Dimensions:** approx. (l x w x h) 250 x 75 x 220 cm, weight 200 kg.

K7320 *each*

Long-Pulley
K7320

B A C K



8

Back-Machine
K7350

8 Back-Machine

For a complex workout of the back muscles. Adjustable handle bars for optimal training and padded rolls for proper position. Standard weight stack: 100 kg in 5 kg plates. Dimensions: approx. (l x w x h) 138 x 85 x 170 cm, weight 215 kg.

K7350 *each*



All articles will be delivered white powder-coated with blue seats

9 Bilateral Rower

For a complex workout of the upper back and shoulder muscles. Ideal for rehabilitation and muscle training. Padded seat bench and chest support adjustable for proper position. Standard weight stack: 100 kg in 5 kg plates.

Dimensions: approx. (l x w x h) 170 x 75 x 195 cm, weight 195 kg.

K7325 *each*

9

Seated Bilateral Rower
K7325

10 Lat-Press-Back-Machine

For a complex workout of the upper back and shoulder muscles. Padded seat bench and chest support adjustable for proper position. Standard weight stack: 100 kg in 5 kg plates.

Dimensions: approx. (l x w x h) 130 x 60 x 180 cm, weight 210 kg.

K7326 *each*

Lat-Press-Back
Machine
K7326



Hip and Leg Conditioner

K7660



Adductor Machine

K7666



1 Hip and Leg Conditioner

The most versatile machine, offering a number of unique functions which strengthen the hip and gluteus maximums muscles, and the upper-thigh muscles. 80 kg weight stack with 5 kg graduation.

Dimensions: approx. (l x w x h) 135 x 100 x 145 cm, weight 150 kg.

K7660 **each**

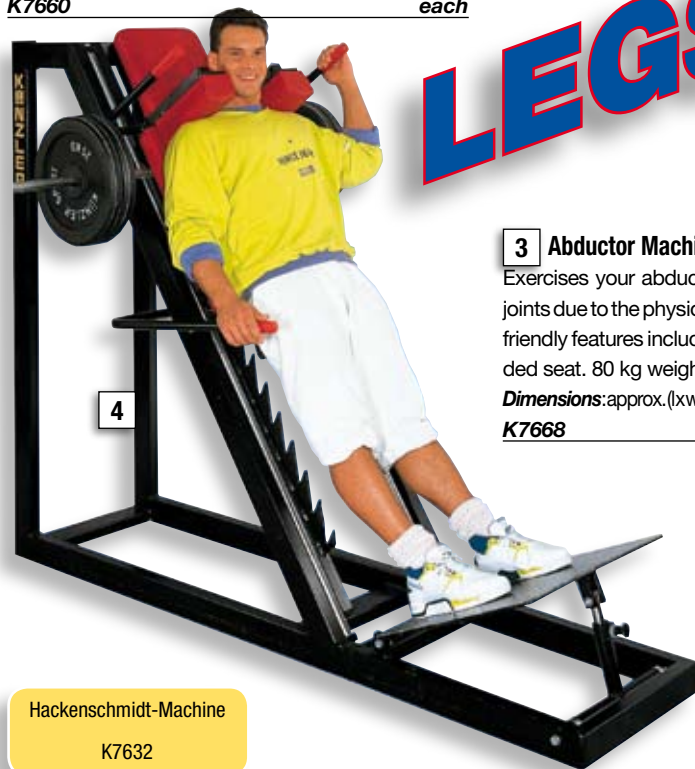
2 Adductor Machine

Exercises your adductors while protecting your hip joints due to the physiological resistance curve. User-friendly features include starting aid and heavily padded seat. 80 kg weight stack with 5 kg graduation.

Dimensions: approx. (l x w x h) 160 x 70 x 130 cm, weight 180 kg.

K7666 **each**

LEGS



Hackenschmidt-Machine

K7632

4 Hackenschmidt-Machine for barbell weights

For an optimal workout of the gluteus, leg and quadriceps muscles. Weight adjustable by barbell weights.

Dimensions: approx. (l x w x h) 220 x 70 x 160 cm, weight 140 kg.

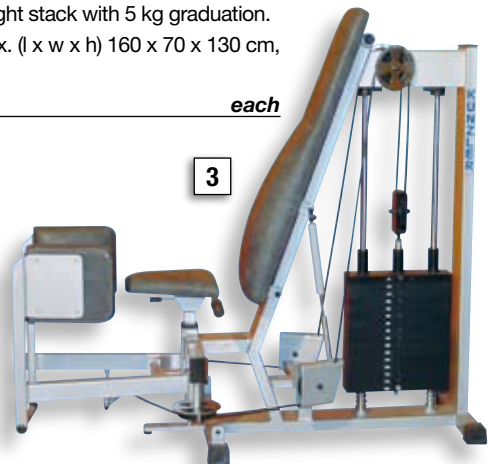
K7632 **each**

3 Abductor Machine

Exercises your abductors while protecting your hip joints due to the physiological resistance curve. User-friendly features include starting aid and heavily padded seat. 80 kg weight stack with 5 kg graduation.

Dimensions: approx. (l x w x h) 160 x 70 x 130 cm, weight 180 kg.

K7668 **each**



Leg Press 45°

for barbell weights

K7616

5 Leg Press 45° for barbell weights

For an optimal workout of the gluteus, leg and quadriceps muscles. Weight adjustable by barbell weights.

Dimensions: approx. (l x w x h) 220 x 75 x 150 cm, weight 190 kg.

K7616 **each**

All articles will be delivered white powder-coated with blue seat pads.

Leg Press
K7613



Leg Press

Well padded seat and sturdy press board. Quiet and smooth movements due to smooth running belt. The heavy-duty frame construction guarantees easy and maintenance-free use. 250 kg weight stack with 10 kg graduation.

Dimensions: approx. (l x w x h) 220 x 70 x 210 cm, weight 380 kg.

K7613 **each**

Supine Leg Press
K7612



Supine Leg Press

For an optimal workout of the gluteus, leg and quadriceps muscles. Due to the step system cardio training possibility. Heavy padded seat and leg distance adjustable. 150 kg weight stack with 10 kg graduation.

Dimensions: approx. (l x w x h) 190 x 75 x 198 cm, weight 325 kg.

K7612 **each**

Leg Press Bilateral
K7615



Leg Press Bilateral

For developing thigh and hip muscles. Well padded seat and sturdy foot step boards. Quiet and smooth movements due to smooth running belt. The heavy-duty frame construction guarantees easy and maintenance-free use. 150 kg weight stack with 10 kg graduation.

Dimensions: approx. (l x w x h) 190 x 75 x 198 cm, weight 325 kg.

K7615 **each**

LEGS

Calfs Machine
K7684



Calfs Machine

Optimal workout for calf and leg muscles. 100 kg weight stack with 5 kg graduation.

Dimensions: approx. (l x w x h) 170 x 60 x 168 cm, weight 190 kg.

K7684 **each**

Leg Curl Machine
K7643



Leg Curl Machine

For isolated leg flexor workout. Eccentric cam-operated to reduce strain on knees and back. Adjustable padded leg rolls. 80 kg weight stack with 5 kg graduation. **Dimensions:** approx. (l x w x h) 235 x 70 x 221 cm, weight 180 kg.

K7643 **each**

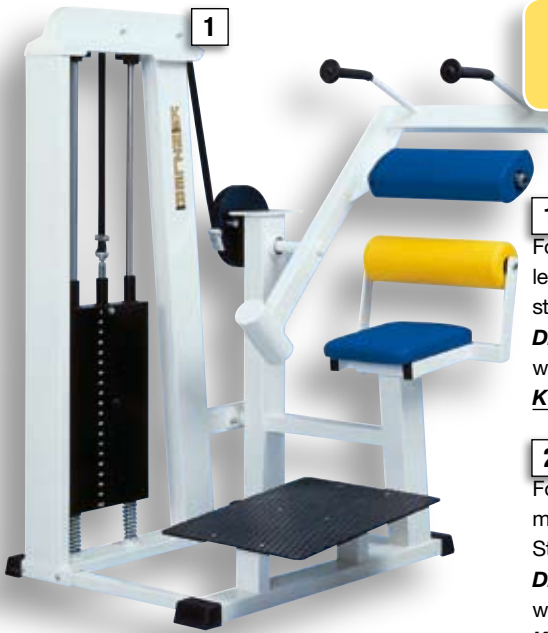
Leg Extension
Machine
K7652



Leg Extension Machine

The classical equipment for workout of the leg extension musculature. Eccentric cam operation to reduce strain on the knees. Padded, height-adjustable leg rolls and back support. 100 kg weight stack with 5 kg graduation. **Dimensions:** approx. (l x w x h) 120 x 100 x 170 cm, weight 200 kg.

K7652 **each**



Abdominal Machine

K7510

Abdominal "Jackknife"

Machine
K7530

2

1 Abdominal Machine

For an optimal workout of the upper abdominal muscles. Padded rolls for proper position. Standard weight stack: 100 kg in 5 kg plates.

Dimensions: approx. (l x w x h) 147 x 107 x 170 cm, weight 215 kg.

K7510

each

2 Abdominal "Jackknife" Machine

For an optimal workout of the whole abdominal muscles. Heavy padded seat with adjustable leg rolls. Standard weight stack: 100 kg in 5 kg plates.

Dimensions: approx. (l x w x h) 125 x 110 x 170 cm, weight 190 kg.

K7530

each



3 Body Twist Machine

The central rotators as well as the outer and inner chest and abdominal muscles are exercised. 50 kg weight stack with 2.5 kg graduation.

Dimensions: approx. (l x w x h) 135 x 80 x 180 cm, weight 190 kg.

K7540

each



Seated Body Twist Machine

K7540

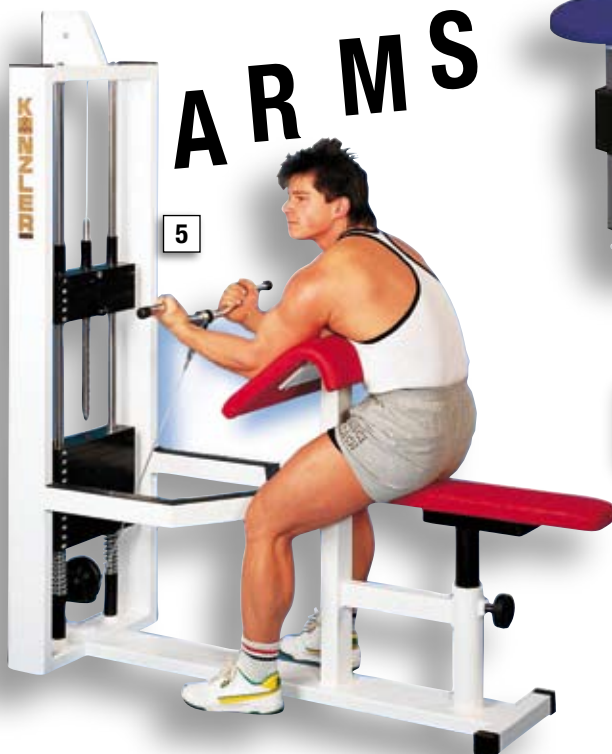
5 Biceps Machine

Designed for isolating and developing the biceps muscles. Long padded seat bench height adjustable. Heavy padded are rest for optimal workout. 60 kg weight stack with 5 kg graduation.

Dimensions: approx. (l x w x h) 170 x 70 x 180 cm, weight 180 kg.

K7414

each



Biceps Machine

K7414

4 Double Twister

For more flexibility for your waist and hip. Dimensions: approx. (l x w x h) 130 x 60 x 120 cm, weight 60 kg.

K7542

each



Double Twister

K7542

All articles will be delivered white powder-coated with blue seat pads.



ARMS

TORSO

5

4



Multi Pulley System I
K7825



Duplex Lat Pulley

2 x 80 kg weight stack with 5 kg graduation. **Dimensions:** approx. (l x w x h) 90 x 120 x 220 cm, weight 240 kg.

K7820 *each*



Single Duplex Lat Pulley

80 kg weight stack with 5 kg graduation. **Dimensions:** approx. (l x w x h) 90 x 70 x 220 cm, weight 150 kg.

K7822 *each*

Duplex Cross Over Lat Pulley

Cross over 2 x 80 kg weight stack with 5 kg graduation.

Dimensions: approx. (l x w x h) 20 x 450 x 220 cm, weight 240 kg.

K7824 not illustrated *each*

Multi Pulley System I

The multi universal Pulley System 1. Ideal for therapy, sport trainers and home athletes. Height-adjustable sledge with routable deflection rollers for a wide range of pulley exercises with one or two pulleys, for parallel as well as for cross-over movements. Automatic adjustment of cable length, excellent sliding features, special pulley cable. 100 kg weight stack with 5 kg graduation.

Dimensions: approx. (l x w x h) 95 x 80 x 205 cm, weight 155 kg.

K7825 *each*

Multi Press "Smith-Machine"

This combination Squat Machine / Chest Machine offers a full range of trunk, chest, leg and arm exercises: flat bench press, incline bench press, knee curl. Freestanding, stable construction with heavy-duty guide rods.

Dimensions: approx. (l x w x h) 136 x 154 x 218 cm, weight 140 kg.

K7814 (without bench) *each*



9

Multi Press
Smith-Machine
K7814

Basic Multi Machine Tower Frame

Frame construction made from sturdy square tubes for 6 exercise units. Due to the compact construction you can set up a space-saving workout station.

Square Tower Frame:

K7830 Höhe 2,35 m **each**

Hexagonal Tower Frame:

K7834 Höhe 2,35 m **each**



Bench and Shoulder Press Unit

For individual workout of chest, shoulder and neck muscles. 100 kg weight stack with 5 kg graduation.

K7021 **each**

Please order separately: **Incline Bench**, adjustable front and back part from horizontal to nearly vertical.

K7872 **each**



Rowing Unit with Chest Support

For individual workout of the back muscles. 100 kg weight stack with 5 kg graduation.

K7033 **each**

The single stations can be only used in connection with the Basic Multi Machine Tower Frame



Triceps Pulley Unit

For individual workout of the triceps muscles. 80 kg weight stack with 5 kg graduation.

K7042 **each**



Pulley Unit with Seat

For individual workout of the back muscles. 100 kg weight stack with 5 kg graduation.

K7031 **each**



High Pulley Unit

Pulley unit for a complex workout. 80 kg weight stack with 5 kg graduation.

K7083 **each**



Long-Pulley Unit with Bench

For individual workout of the back muscles. 100 kg weight stack with 5 kg graduation.

K7032 **each**

The standardized height of the basic frame tower is 2.35 m. Due to the modular assembly system, you can individually construct your Multi Machine.

The compact construction and the flexible placement of the Multi Machines enable optimal training conditions and few space requirements. It would be a pleasure to plan individually your fitness studio or training area.



Leg Press Rollseat For an optimal workout of the gluteus, leg and quadriceps muscles. 250 kg weight stack with 10 kg graduation.

K7063 *each*



Knee Bend Unit

For a complex workout of the leg musculature. 250 kg weight stack with 10 kg graduation.

K7062 *each*



Biceps Unit

Designed for isolating and developing the biceps muscles. 60 kg weight stack with 5 kg graduation.

K7041 *each*



Leg Combi Unit

Designed for isolating and developing the quadriceps and hamstring. Useable as leg curl bench and leg extension with backrest. 80 kg weight stack with 5 kg graduation.

K7688 *each*

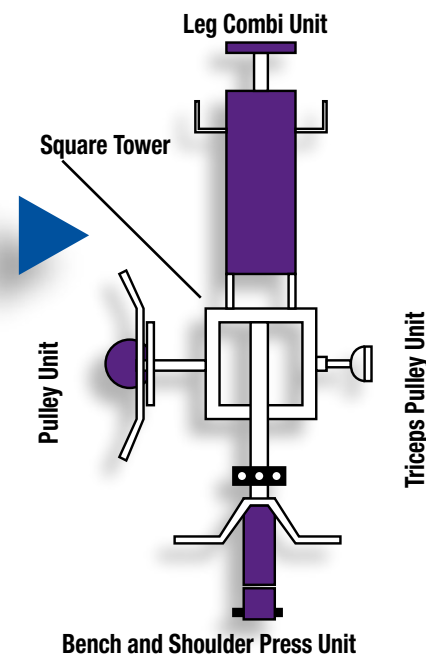
Four Unit Tower

The best combination to workout nearly all muscle groups within one professional machine.

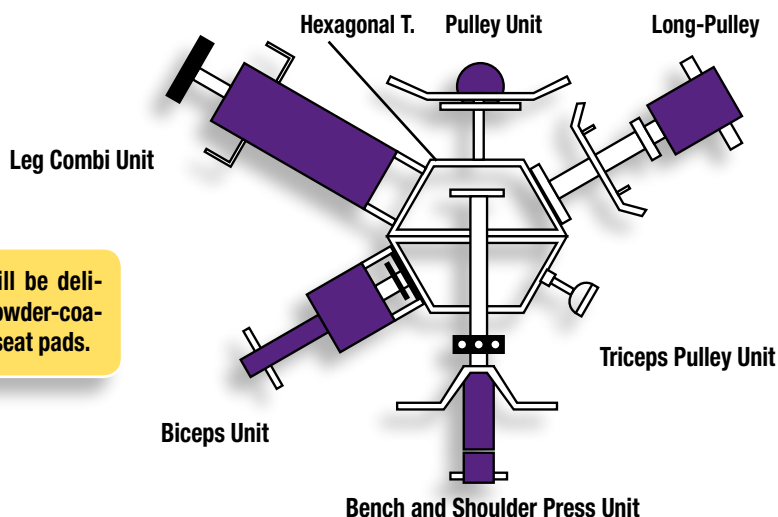
- Pulley Unit with Seat and 2 different handles
- Bench and Shoulder Press Unit with Incline Bench
- Leg Combi Unit with handles
- Duplex Lat Pulley Unit for Biceps and Triceps with 4 different handles

The Four-Unit-Tower consists of: K7830 Square Tower Frame, K7031 Pulley Unit with seat, K7970 Pulley Bar, K7973 Rowing Handle Grips, K7021 Bench and Shoulder Press Unit, K7872 Incline Bench, K7688 Leg Combi Unit, K7083 Duplex Single Lat Pulley Unit with two handle bars K7980, one triceps bar K7977, one foot loop leather K7986.

K8044 *each*



Bench and Shoulder Press Unit



Bench and Shoulder Press Unit

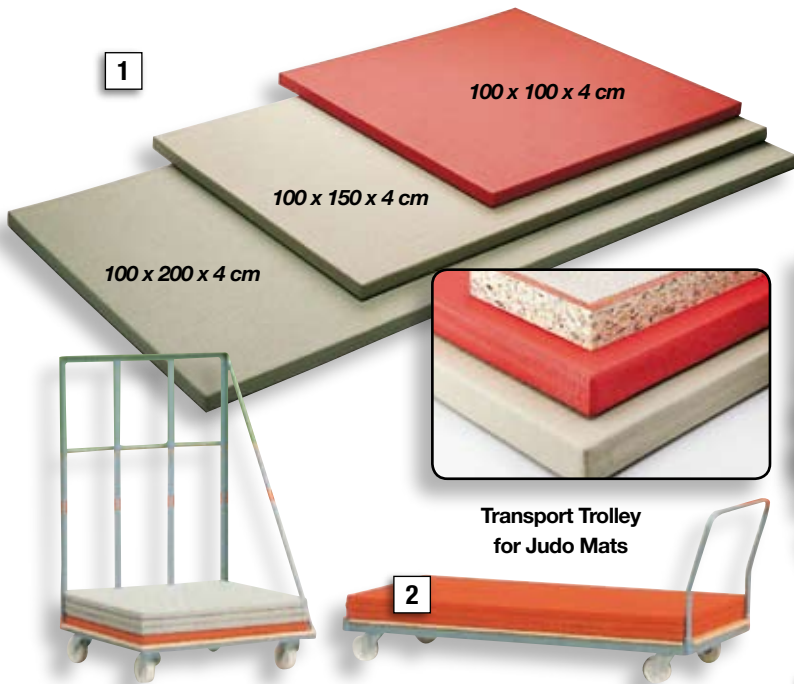
Hexagonal Unit Tower The professional combination to workout your whole body.

- Pulley Unit with Seat and 2 different handles
- Rowing Unit with Chest support
- Duplex Lat Pulley Unit for Biceps and Triceps with 4 different handles
- Bench and Shoulder Press Unit with Incline Bench
- Biceps Unit with Biceps Handle Bar
- Leg Combi Unit with handles

The Hexagonal-Unit-Tower consists of: K7834 Hexagonal Tower Frame, K7021 Bench and Shoulder Press Unit, K7872 Incline Bench, K7031 Pulley Unit with seat, K7970 Pulley Bar, K7973 Rowing Handle Grips, K7688 Leg Combi Unit, K7083 Duplex Single Lat Pulley Unit with two handle bars K7980, one triceps bar K7977, one foot loop leather K7986. K7041 Biceps Unit with Biceps Handle Bar K7979 and K 7033 Rowing Unit with chest support.

K8066 *each*

All articles will be delivered white powder-coated with blue seat pads.



Original LONGLIFE-Tatami The Judo Mat „LONGLIFE“

1 Quality E 215 (215 kg/m³)
The judo mat LONGLIFE quality E 215 (240kg/m³) is manufactured from dense chip foam compound with olive-green and red vinyl cover, featuring a typical rice straw surface. All corners are welded. The bottom is made of slip-proof material. Normally, a mat size of 100 x 100 x 4 cm is recommended, as this size allows you to arrange any fighting area and to complement the judo mats in a kit system. Red mat elements identify the fighting area in accordance with international regulations. The judo mats need no cover. The surface can be easily cleaned with normal detergents, so the mats are always hygienic. IJF approved mats with a 5 and 6 cm height are available on request.

- Mat Size 100 x 100 x 4 cm**
K1600 green *each*
K1601 red *each*
- Mat Size 100 x 150 x 4 cm**
K1610 green *each*
K1611 red *each*

- Mat Size 100 x 200 x 4 cm**
K1620 green *each*
K1621 red *each*

- 2 Transport Trolley for Judo Mats**
Sturdy steel construction with wooden platform and big non-marking plastic swivel wheels with a high load capacity
For 36 mats 100 x 100 x 4 cm
K1650 100 x 100 cm *each*
- For 23 mats 150 x 100 x 4 cm**
or 17 mats 200 x 100 x 4 cm
K1651 100 x 200 cm *each*

INTERNATIONAL SIZES				
Fighting Area	TATAMI-Size	Green TATAMI	Red TATAMI	Total Size
9 x 9 m	1 x 1 m	193 pcs	32 pcs	225 m ²
9 x 9 m	1 x 2 m	96 pcs	16 pcs	225 m ²
	1 x 1 m	1 pc		
10 x 10 m	1 x 1 m	220 pcs	36 pcs	256 m ²
10 x 10 m	1 x 2 m	110 pcs	18 pcs	256 m ²
NATIONAL SIZES				
Fighting Area	TATAMI-Size	Green TATAMI	Red TATAMI	Total Size
6 x 6 m	1 x 1 m	80 pcs	20 pcs	100 m ²
6 x 6 m	1 x 2 m	40 pcs	10 pcs	100 m ²
8 x 8 m	1 x 1 m	72 pcs	28 pcs	100 m ²
8 x 8 m	1 x 2 m	36 pcs	14 pcs	100 m ²
7 x 7 m	1 x 1 m	97 pcs	24 pcs	121 m ²
7 x 7 m	1 x 2 m	48 pcs	12 pcs	121 m ²
	1 x 2 m	1 pc		
8 x 8 m	1 x 1 m	116 pcs	28 pcs	144 m ²
8 x 8 m	1 x 2 m	58 pcs	14 pcs	144 m ²
9 x 9 m	1 x 1 m	137 pcs	32 pcs	169 m ²
9 x 9 m	1 x 2 m	68 pcs	16 pcs	169 m ²
	1 x 2 m	1 pc		
10 x 10 m	1 x 1 m	160 pcs	36 pcs	196 m ²
10 x 10 m	1 x 2 m	80 pcs	18 pcs	196 m ²



3 Double Judo Mat Competition blue/red

Perfect for Judo and Aikido. The double judo competition mat has a „top and bottom“. It can be used on both sides and is finished in a „rice“ pattern. We offer the green/red colour combination. The mat is 4 cm thick, with toothed

edging for firmly joining more than one mat. The mats are simply slipped together and can therefore be used in any area and laid loosely. 30°-35° hardness, corresponds with RG230, plate size: 100x100x4 cm, 3.8 kg
K1598 blue/red *each*
K1599 green/red *each*



Judo-Score Boards STRAMATEL

- Electronical display, absolutely reliable, user-friendly, easy to read.
- Display of the scores, penalties, penalty bench and winner side.
- Quick changable Osaekomi-time for each fighter
- Time setting for each fight

international Standards. The numbers are 16 cm high and are visible up to 85 m. Supplied with: indicator board 180 x 63 x 13 cm, 1 score module, 1 chronometer module, 12 m mains cable, roller frame. With radio control.

K8310 *each*

4 AFFICHEL J 1

Competition display suitable for: Randori, Waza-ari, Yuko, Koka. Penalty display: Keikoku, Chui, Shido. Acoustic signal, automatic and manual. Times for medical attention. Coloured and illuminated displays on the board can be reversed depending on the position of the fighters. In accordance with In-

5 AFFICHEL J 2

Competition display: Randori, Waza-ari, Yuko, Koka. Penalty display: Keikoku, Chui, Shido. In accordance with International Standards. The numbers are 9 cm high and are visible up to 35 m. Supplied with: indicator board 110 x 44 x 13 cm, portable, 1 score module, 1 chronometer module, 8 m mains cable, roller frame. With radio control.

K8315 *each*

made from 100 % cotton, approx. 350 g/m²

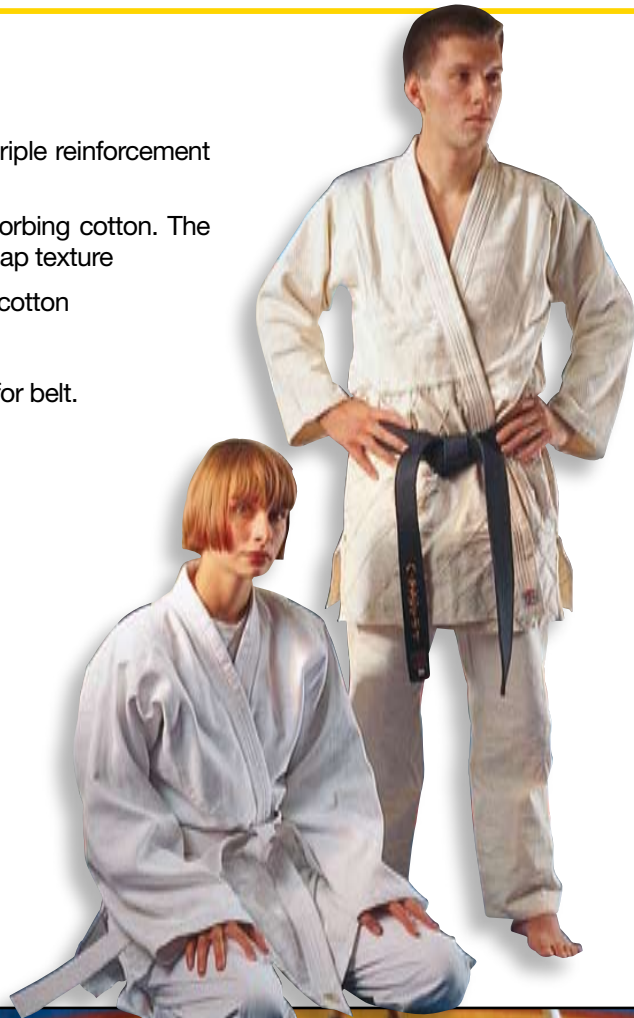
- padded jacket edge
- double-reinforcement around chest, neck and armpits, triple reinforcement around the shoulders
- the top part of the jacket is made from soft, sweat absorbing cotton. The outside has a granular texture, the inside a skin-friendly nap texture
- Lower part of jacket is made from loosely woven double cotton
- reinforced side slits. Cross-stitched knee reinforcement
- double-threaded trouser belt band with additional loops for belt.

Judo-Suit „GREEN-SEAL“

White, bleached, pre-washed judo suit. Ideal for beginners, school children and adults.

Jacket, trousers and belt (white).

K4510	size 130	each
K4511	size 140	each
K4512	size 150	each
K4513	size 160	each
K4514	size 170	each
K4515	size 180	each
K4516	size 190	each
K4517	size 200	each



1 „International“

The mat panel is made from top-quality chip foam E120 (density 120 kg per m³) and coated with a special PVC vinyl skin which is very hard-wearing. This mat can also be used for gymnastics.

K1900	size 200 x 100 x 5 cm	each
K1899	size 100 x 100 x 5 cm	each
K1901	size 200 x 100 x 6 cm	each
K1902	size 100 x 100 x 6 cm	each

2 „Olympia SL“

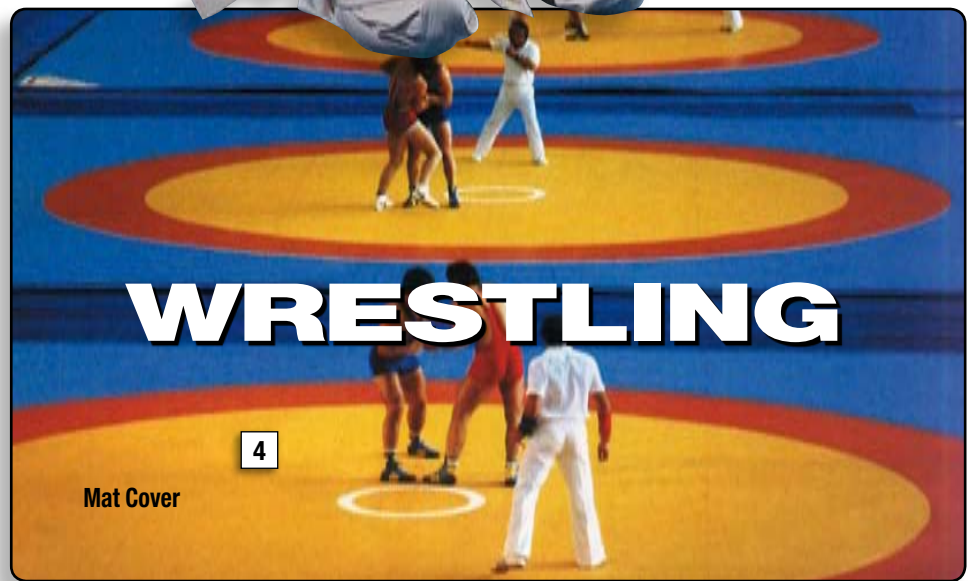
Super-light polyethylene-foam, overall cover.

K1910	size 200 x 100 x 5 cm	each
K1909	size 100 x 100 x 5 cm	each

3 „Olympia SL/B“

Super-light polyethylene-foam mat without cover.

K1911	size 200 x 100 x 5 cm	each
K1912	size 100 x 100 x 5 cm	each



Wrestling Mat Covers

4 Wrestling Mat Cover

Competition mat covers comply with international regulations. They are manufactured from vinyl coated nylon. Reinforced flap for tight fit. The mat cover comes in three colours with two-coloured fighting circle (passive zone: 1 m wide), middle circle and coloured fighting corners (1 red corner, 1 blue corner).

Mat Cover 8 x 8 m

Total fighting area 7 m Ø.

K1920	yellow/red/blue	each
K1921	yellow/red/yellow	each

Mat Cover 10 x 10 m

Total fighting area 8 m Ø.

K1930	yellow/red/blue	each
K1931	yellow/red/yellow	each

Mat Cover 9 x 9 m (national)

Total fighting area 7 m Ø.

K1925	yellow/red/blue	each
K1926	yellow/red/yellow	each

Mat Cover 12 x 12 m (international)

Total fighting area 9 m Ø.

K1940	yellow/red/blue	each
K1941	yellow/red/yellow	each



Judo-Suit "Deshi"

K5120 - K5128

Karate-Suit "Gi Banzai"

K5130 - K5138

Taekwondo-Suit "Dolyo"

K5140 - K5148

Judo-Suit Deshi The ideal Judo suit for teenagers and adults. Light weight model, 100 % cotton, white bleached, including white belt. Trouser with elastic waist and lace.

K5120	size: 120 cm	each
K5121	size: 130 cm	each
K5122	size: 140 cm	each
K5123	size: 150 cm	each
K5124	size: 160 cm	each
K5125	size: 170 cm	each
K5126	size: 180 cm	each
K5127	size: 190 cm	each
K5128	size: 200 cm	each

Karate-Suit Gi Banzai Light weight model, 8 OZ , made from 100 % cotton including white belt. This suit with its traditional shape offers perfect liberty of action.

K5130	size: 120 cm	each
K5131	size: 130 cm	each
K5132	size: 140 cm	each
K5133	size: 150 cm	each
K5134	size: 160 cm	each
K5135	size: 170 cm	each
K5136	size: 180 cm	each
K5137	size: 190 cm	each
K5138	size: 200 cm	each

Taekwondo-Suit Dolyo

Made from 100 % cotton fabric. Trouser with elastic waistband, slip jacket with white revers including white belt.

K5140	size: 120 cm	each
K5141	size: 130 cm	each
K5142	size: 140 cm	each
K5143	size: 150 cm	each
K5144	size: 160 cm	each
K5145	size: 170 cm	each
K5146	size: 180 cm	each
K5147	size: 190 cm	each
K5148	size: 200 cm	each

Skipping Rope Fit
K5010



Skipping Rope Fit

Made of PVC, adjustable to 3 m, with break proof plastic handles.

K5010 **each**

Skipping Rope Profi
K5011



Skipping Rope Profi Steel cable with PVC sheathing, size adjustable up to 3 m. Break proof plastic handles.

K5011 **each**

Wrist Support



Wrist Support Made from 100 % cotton and velcro strap. Including thumb loop, 5 cm wide and 2.5 cm long. Assorted colours. Delivery in pair.

K5050 not elastical **each**
K5055 elastical **each**

Mouthguard
K5042



Double Mouthguard

Fortop and bottom jaw. In practical plastic box. By heating up the mouthguard in water, it can be individually adjusted.

K5042 **each**

Mouthguard
K5040
K5041



Mouthguard

Soft plastic, bite-proof, no irritation of the gum. In practical plastic box. By heating up the mouthguard in water, it can be individually adjusted.

K5040 Junior **each**
K5041 Senior **each**

Mouthguard
K5043



Mouthguard ORIGINAL SHIELD

US product with adhesive mixture for a perfect fit.

K5043 **each**

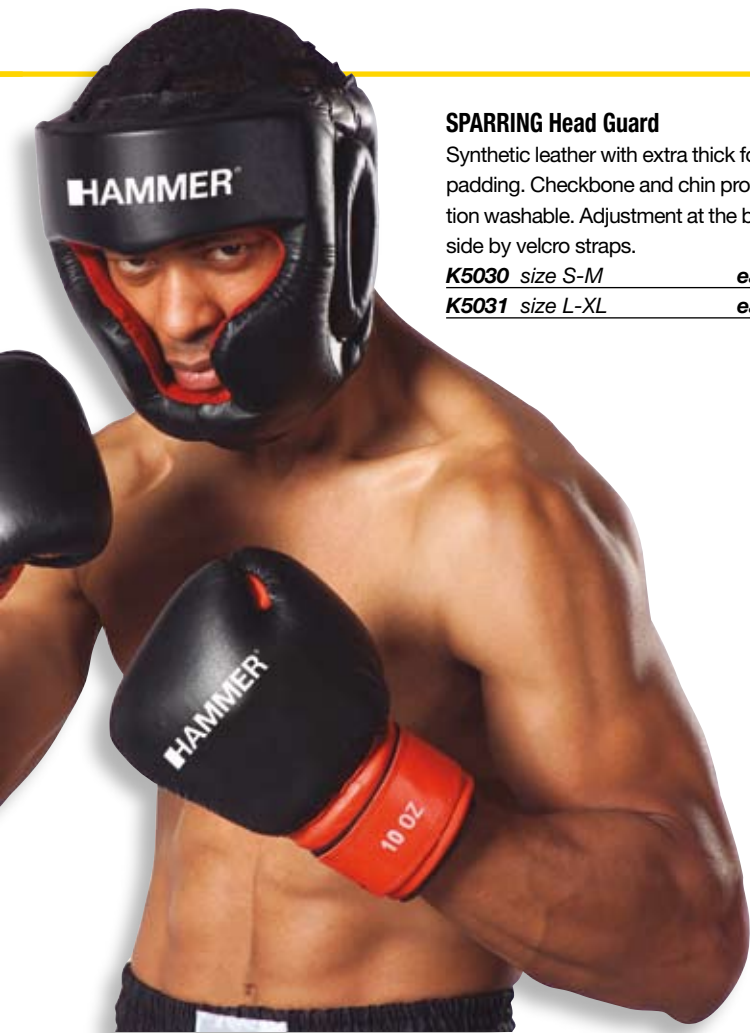
Abdominal
Guard



Abdominal Guard

Jockstrap with removable high-impact plastic box, washable.

K5035 size S-M **each**
K5036 size L-XL **each**



SPARRING Head Guard

Synthetic leather with extra thick foam padding. Checkbone and chin protection washable. Adjustment at the back side by velcro straps.

K5030 size S-M	each
K5031 size L-XL	each



Boxing Gloves "Fit II"

The ideal practice boxing glove with velcro wrist. Made of PU, with fixed thumb. For Work-out, Sparring and Boxaerobic.

K5095 6 oz	pair
K5096 8 oz	pair
K5097 10 oz	pair
K5098 12 oz	pair
K5099 14 oz	pair

Boxing Gloves
"Fit II"

Boxing Gloves
"Punch"

Boxing Gloves „Punch“

Made from leather, hand inside of PU, fixed thumb, velcro wrist.

K5110 10 oz	pair
K5111 12 oz	pair
K5112 14 oz	pair



Punch Pad
K5015

Punch Pad

Special leather punch pad for coaches. Palm with compact foam padding. Large punch area with target point. Comes with finger protection.

K5015	pair
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Wrist Support
Elastic Fit

Wrist Support Elastic Fit

Innovative wrist support for boxing- and fitness-workout. Sustain and stabilize your wrists. Easy and quick to get in and out, due to the elastical fabric.

K5060 size S-M	pair
K5061 size L-XL	pair



Sand Bag Gloves
Preshaped



Sand Bag Gloves

Preshaped, made from leather with elasticated wrist. Ideal for punching bag practice.

K5093 size S-M	pair
K5094 size M-L	pair



Sand Bag Gloves
Fingerless

Sand Bag Gloves

Fingerless, made from leather, with elasticated wrist.

K5090 size S	pair
K5091 size M	pair
K5092 size L	pair



Boxing Bag
K5025



Boxing Bag

Tough leather bag, inner bladder made from sailing cloth, including adjustable suspension rope, but without filling.

K5025 *each*

Punching Platform
K5026



Punching Platform Standard

Platform device 60 cm Ø and 2 cm thick for wall attachment with swivel. Delivery without punching bag.

K5026 *each*

Boxing Bag
K5024



Boxing Bag

Made from high-grade leather, reinforced with Polyester/Cotton-lamination and valve rubber bladder.

K5024 *each*

Floor to Ceiling Ball
K5020



Floor to Ceiling Ball

Made from high-grade leather with rubber bladder, very hard-wearing, first class quality. Special elastic suspension with height adjustment.

K5020 *each*



Dummy
PERFECT PUNCH
K5085

Free Standing Box Bag

A new kind of boxing bag. Easy set up without drilling or hammering. It is adjustable in 3 section heights (162 cm, 177 cm, 195 cm). The shape of the torso enables a wide variety of training exercises. Material: PU upper part, PE plastic base to fill with sand (150 kg) or water (123 kg). Ideal for space saving and silent training.

K5086 *each*

Training Dummy „Perfect Punch“

The dummy „Perfect Punch“ is a new kind of boxing bag. The dummy is constructed like an upper body, therefore it is a very extensive and complete bag-training. The dummy is adjustable in 3 section heights (162 cm, 177 cm, 195 cm) and supports striking power within 500 pounds. Material: PU Dummy, metal/rubber flex assembly below sleeve and PE plastic base.

K5085 *each*





Wall-Suspension for Punching Bags Made of strong tubular steel Ø 30 mm. Extension 90 cm.
K5089 *each*

Ceiling Hook for Punching Bags
K5088 *each*

Nylon-Punching Bag



Leather Punching Bag



Punching Bag
SPARRING PRO
K5065



including Punch Counter

Nylon Punching Bag

Made of high quality Nylon/Canvas. Ideal for fitness boxing and studio boxing. Including filling, Ø approx. 30 cm.

- K5070** 80 cm long *each*
- K5071** 100 cm long *each*
- K5072** 120 cm long *each*
- K5073** 140 cm long *each*



Leather Punching Bag Made of hard-wearing leather with suspension chain. Ideal for professional training. Spezial filling, Ø approx. 30 cm.

- K5075** 90 cm long *each*
- K5076** 110 cm long *each*
- K5077** 130 cm long *each*

Boxsack SPARRING PRO

The innovative punching bag with punch points and punch counter. Punching bag made from tear resistant parachute material, ideal to improve your reaction, condition and muscle building. You have an alternate hit combination, because the punching points are in three different heights and due to a swivel the punching bag is always in rotation. Dimensions: 100 x 30 cm. Punch counter: 6 x 6 x 1.5 cm.

K5065 *set*

Punching Bag SPARRING

Punching bag made from tear resistant parachute material, ideal to improve your reaction, condition and muscle building. You have an alternate hit combination, because the punching points are in three different heights and due to a swivel the punching bag is always in rotation. Therefore this is a very extensive box training. Dimensions: 100 x 30 cm.

K5066 *each*

Boxing-Set FIT

Punching bag with chain and swivel, made of parachute, 26 x 60 cm, including red boxing gloves made of PU, 10 oz and video tape with Kickbox-, Box-, Ropejump-, and handwrapping-instructions. The Boxing Set FIT is suitable for boxaerobic and homeboxing. Boxing is discovered as a very complete home-training. You burn calories, improve your condition and shape your body.

K5080 *set*

Boxing-Set FIT
K5080



Boxing-Set
CHICAGO
K5080



Boxing-Set CHICAGO With Punch Counter.

Complete training set. Punching bag made of tear resistant Nylon fabric 30 x 80 cm, including filling and suspension chain. Boxing gloves 10 oz, black, made of PU material with velcro wrist. Punch counter, skipping rope and bag for boxing gloves.

K5082 *set*

